

ANNUAL REPORT 2023–24

Building Stronger Children, Women and Mountain Communities



1. Introduction

2. FY 2023–24 was marked by continued efforts to improve access to education and strengthen community development in remote mountain areas. Our programmes focused on children's education, residential support, scholarships, women's empowerment, child welfare, digital literacy, and essential village infrastructure. The experience of the year reinforced our belief that sustainable development begins with education and the empowerment of local communities

Nutrition Program for Village school's Children

For more than a decade, our society has been running a **Nutrition Program for village children**, providing them with a healthy and nutritious hot meal every day.

Children living in the mountains often face unique challenges. Many of them walk for a minimum of two hours each day to reach school from their homes. At the same time, their parents leave home early in the morning to collect grass and care for



their cattle and other daily responsibilities. Because of this, many parents are unable to prepare breakfast for their children before they leave for school.

When this need became known to our society, we decided to take action. We started this meal program to ensure that children receive a **nutritious, balanced, and protein-rich meal** during the school day. Our aim is not only to provide food but also to support the children's healthy physical and mental development.

Over the years, this program has produced encouraging results. The children have shown **better physical growth, improved energy levels, and greater concentration in their studies**. We have also seen a positive impact on their educational performance and overall well-being.

Through this continuing effort, our society hopes to give every village child the nutrition, strength, and opportunity they need to grow, learn, and build a better future.

1. School Education

I) Sainji Village school -

During the year, our educational programme supported approximately **150 children**. The programme focused on providing children with a safe and encouraging learning environment and helping them continue their education. Special encouragement was



given to children from remote areas who face difficulties because of distance, poverty, and limited educational facilities.

li) Jordi village school - Jordi Village School is located in a remote area in the foothills of the Himalayas, where providing quality education is not an easy task. The challenging terrain, poor connectivity, long travel distances, and limited basic facilities make it difficult for children from surrounding villages to access regular schooling.

The school currently serves **around 70 children**, giving them an opportunity to learn, grow, and build a better future within their own community. For many of these children, education is not simply about attending classes—it is a pathway to greater opportunities and a chance to break the cycle of limited access and isolation.

Understanding the difficulties faced by children who live far from the school, **hostel facilities have also been provided for 25 children.** The hostel gives these students a safe and supportive place to stay, allowing them to attend school regularly without having to undertake long and difficult journeys every day.

2. School Hostel – 25 Children

The school hostel provided a home and learning environment for **25 children.**

The hostel programme helped children from distant villages attend school while receiving care, guidance, and educational support.

It also provided an environment in which students could develop independence, discipline, responsibility, and confidence.



4. Scholarship & Educational Support – 110 Children

Our scholarship and educational support programme benefited **110 children.**

Children completing Class 8 were supported to continue their education. Assistance included **school uniforms and monthly school fees up to Class 12.**

This long-term approach is important because completing secondary education can significantly increase a young person's future opportunities.

5. Women Empowerment – 150 Women in 15 Villages

Our women's empowerment activities reached **150 women across 15 villages.**

The programme promoted awareness, confidence, participation, and greater involvement of women in community life.



Women are an important force for positive change in rural communities, and our work aims to support them in becoming more active participants in decisions affecting their families and villages.

6. Village Development – One Village

We continued development work in **one village**, focusing on practical improvements that could benefit the community as a whole.

The activities included:

Natural Spring Water Supply:

A pure water supply system was developed using a natural spring, helping improve access to clean drinking water.

Greenhouse:

A greenhouse initiative was introduced to support local cultivation and demonstrate the potential of protected agriculture.

Toilet Construction:

Toilet facilities were constructed to improve sanitation, hygiene, and community well-being.

These activities demonstrate how small, practical interventions can create meaningful improvements in village life.

7. Child Care & Welfare – 25 Hostel Children

Child welfare activities were provided for **25 hostel children**.

The programme addressed not only education but also care, hygiene, personal development, discipline, and the children's overall well-being.

We believe children need a supportive environment beyond the classroom to reach their full potential.

8. Basic Computer Course – 65 Children

65 children in three village centres received basic computer education.

The programme helped children gain familiarity with computers and essential digital skills.

Bringing computer education directly to villages helps reduce the gap between children in remote communities and those living in areas with better access to technology.

9. Key Achievements

The academic progress of students continued to be a major source of encouragement.

Children from remote areas, particularly **girls, have shown very good results**. In several cases, girls have performed better academically than boys.

Their achievements demonstrate the value of continuing educational support and providing girls with the opportunity to remain in school.

10. Challenges & Learning

The mountain environment creates recurring operational challenges.

During **monsoon**, heavy rainfall can make roads difficult and sometimes restrict access to villages. During **winter**, cold weather and difficult terrain can similarly affect travel and programme activities.



These experiences have encouraged us to strengthen local community participation and establish more activities within the villages themselves.

11. Future Plans

Our future vision is to expand the reach of our programmes.

We plan to:

- Reach more children in remote mountain communities.
- Provide educational support to more girls.
- Expand scholarship assistance.
- Reach more women through empowerment programmes.
- Establish additional computer and education centres.
- Work with more villages on basic development needs.
- Continue improving opportunities for children to complete Class 12.

12. Conclusion

FY 2023–24 demonstrated the importance of combining education with community development.

The achievements of our students, especially girls from remote communities, have given us renewed motivation to continue our work.

We remain committed to creating opportunities for children and women and to supporting communities in becoming stronger, healthier, and more self-reliant.