

ANNUAL REPORT 2025–2026



Message from the Organization



HELPS Staff Honoured by the Local Municipal Corporation on Teacher's Day.

The year 2025–2026 was a year of commitment, resilience, and community engagement. Working in remote mountain regions presents unique challenges that require continuous dedication and innovative approaches. Despite geographical barriers, limited infrastructure, difficult weather conditions, and economic constraints faced by rural families, our organization continued its mission of promoting education, supporting children through hostel facilities, empowering women, and enhancing livelihood opportunities through skill development programs.

The communities we serve are located in hilly and remote areas where access to quality education, healthcare, employment opportunities, and basic services remains limited. Many villages are connected by narrow roads, and some are accessible only after long walks through mountainous terrain. During the monsoon season, landslides and road blockages frequently disrupt transportation and communication, affecting both service delivery and community participation.

In this challenging environment, our programs continued to create positive change and strengthen the confidence and capabilities of children, youth, women, and families. We are grateful to our donors, partners, government departments, volunteers, and community members whose support made our work possible.



Running Activities 2025-2026

1. School
2. School' hostel
3. Woman Empowerment
4. Hot meal
5. Scholarship
6. Yearly School Supplies
7. Skilled Program

1. Education Program

Education remains the cornerstone of sustainable development. Our organization believes that every child, regardless of location or economic background, deserves access to quality education and opportunities for personal growth.

During the reporting year, educational support was provided to schools across the project area. Through academic support activities, awareness programs, educational materials, and community engagement initiatives, we worked to improve learning outcomes and school participation.



Key Activities

- Support to schools in remote and rural communities.
- Distribution of educational materials and learning resources.
- Promotion of regular school attendance.
- Organization of educational awareness sessions for parents and students.
- Support for extracurricular and co-curricular activities.
- Encouragement of child-centered and inclusive learning practices.



Challenges in Mountain Areas

Providing educational support in mountain regions is often difficult due to several factors:

- Long distances between villages and schools.
- Difficult terrain and transportation challenges.
- Seasonal road closures due to heavy rainfall and landslides.
- Shortage of educational resources in remote locations.
- Limited access to technology and digital learning opportunities.
- Economic hardship that forces some children to assist their families instead of focusing on education.

Many children travel long distances daily to attend school. During adverse weather conditions, attendance often declines, affecting continuity of learning. Despite these challenges, students, teachers, and parents demonstrated remarkable commitment to education.

Key achievements include:

- Support provided to **2** schools.
- Educational services reached **110** students.
- Learning materials, uniforms, and educational resources distributed.
- Teacher capacity-building and academic support programs conducted.
- Co-curricular and awareness activities organized to promote holistic development.

These initiatives have contributed to enhancing access to quality education and creating a more supportive learning environment for children.

School Sports Activities



physical fitness, teamwork, discipline, and self-confidence among students.

Sports and physical activities are an important part of the overall development of children. During the reporting year, the Society supported and encouraged schools to organize various sports activities and competitions to promote



badminton, and other recreational games. These activities provided opportunities for students to develop leadership skills, sportsmanship, and a healthy competitive spirit.

Students actively participated in a range of indoor and outdoor sports events, including athletics, football, volleyball, kabaddi,

Despite limited sports infrastructure and resources in remote mountain areas, schools demonstrated great enthusiasm in organizing sports events. Teachers, parents, and community members also contributed to motivating students and creating a positive environment for participation.

The sports activities not only enhanced the physical well-being of students but also encouraged regular school attendance, social interaction, and holistic development. The Society remains committed to supporting sports and extracurricular activities as an integral part of quality education.

School Educational Exposure and Day Tour Program



To enhance learning beyond the classroom and provide practical exposure, the Society organized educational day tours for students during the reporting year. These visits were designed to broaden students' knowledge, stimulate curiosity, and expose them to new environments, institutions, and learning experiences.

Students visited educational, cultural, historical, and environmental sites where they gained first-hand knowledge and practical understanding of various subjects. The tours provided opportunities for students to observe, explore, and learn through direct experience, complementing their classroom education.

For many students from remote mountain villages, these educational tours represented a valuable opportunity to travel outside their immediate surroundings and gain exposure to the wider world. The experience helped build confidence, encourage curiosity, improve social interaction, and motivate students to pursue higher education and future career opportunities.

Teachers and accompanying staff guided students throughout the visits, ensuring that the tours were both educational and enjoyable. The program received positive feedback from students, parents, and schools and contributed significantly to the holistic development of participating children.

The Society believes that educational exposure visits play an important role in



broadening perspectives and inspiring young minds. Therefore, such activities will continue to be an important component of our education program.

Impact

Our educational interventions contributed to increased awareness regarding the importance of education, improved student participation, and stronger engagement between schools and communities. The program helped create a supportive environment that encourages children to continue their education and pursue their aspirations.

2. School Hostel Program

For children from remote villages, access to education is often hindered by distance and lack of transportation. The hostel program continues to serve as an important bridge, enabling children to pursue their education in a safe and supportive environment.



The hostel provides accommodation, nutritious meals, academic support, and opportunities for personal development. Beyond meeting basic needs, the hostel nurtures discipline, confidence, teamwork, and leadership qualities among students.

Key Activities

- Provision of safe accommodation facilities.
- Nutritional support and balanced meals.
- Academic mentoring and tutoring support.
- Health and hygiene awareness activities.
- Sports, cultural, and recreational activities.
- Personal development and life-skills sessions.

Challenges

Managing hostel facilities in mountain areas requires continuous effort and resources. Challenges include:

- Transportation of food supplies and essential materials to remote locations.

- Increased operational costs due to geographical conditions.
- Weather-related disruptions.
- Limited access to specialized healthcare facilities.
- Infrastructure maintenance in difficult terrain.

Despite these obstacles, hostel staff remained committed to ensuring the well-being, safety, and educational progress of every child.

Major achievements:

- Hostel facilities provided to **25** students.
- Regular academic mentoring and tutoring sessions conducted.
- Health check-ups, recreational activities, and life-skills education organized.
- Improved living conditions and student well-being through infrastructure and facility upgrades.

The hostel program has played a crucial role in ensuring continuity of education and improving academic performance among resident students.

Impact

The hostel program enabled students from remote communities to continue their education without interruption. Students benefited from a stable learning environment, improved academic performance, and enhanced personal development opportunities.

3. Women Empowerment Program



Women play a central role in the social and economic development of rural communities. However, women in mountain regions often face multiple challenges,

including limited economic opportunities, restricted access to resources, and heavy household responsibilities.

The Women Empowerment Program focused on enhancing confidence, leadership, awareness, and economic participation among women.



Key Activities

- Awareness programs on health, education, and social rights.

- Capacity-building workshops.
- Leadership development initiatives.
- Promotion and strengthening of women's groups.
- Financial literacy and livelihood awareness sessions.
- Community participation and decision-making initiatives.

Health Awareness and Well-being Initiatives To promote health awareness among rural women, the Society regularly invites Accredited Social Health Activists (ASHA) and Auxiliary Nurse Midwives (ANMs) to conduct awareness and educational sessions in the villages. These sessions focus on important topics such as maternal and child



health, nutrition, menstrual hygiene, immunization, family welfare, anemia prevention, sanitation, and the importance of regular health check-ups. Through their guidance and practical knowledge, ASHA workers and ANMs help village women better understand health-related issues and encourage them to access government health services and schemes. These awareness programs have contributed to improving health knowledge, promoting preventive healthcare practices, and empowering women to make informed decisions regarding their own well-being and that of their families.

Challenges

Women in remote mountain areas continue to face several barriers:

- Limited employment opportunities.
- Heavy domestic and agricultural workloads.
- Limited access to markets and financial institutions.
- Social and cultural constraints.
- Lack of transportation and mobility.

Many women spend considerable time collecting water, firewood, and managing household responsibilities, leaving limited opportunities for personal development and income generation.

Key achievements:

- 45 women participated in empowerment initiatives.
- Self-help groups and community forums strengthened.
- Training sessions on financial literacy, health, rights awareness, and entrepreneurship conducted.
- Income-generating opportunities facilitated for women beneficiaries.

These interventions have enhanced confidence, decision-making abilities, and economic independence among participating women.

Impact

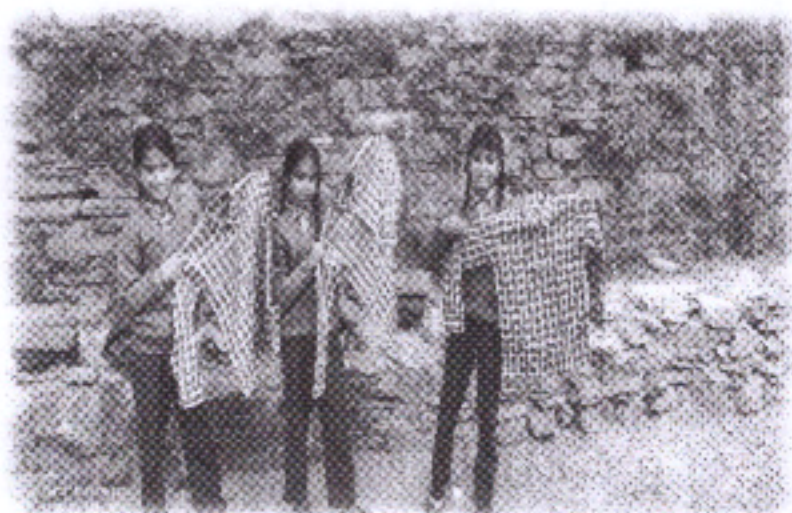
The program contributed to increased awareness, confidence, and participation of women in community development processes. Women demonstrated greater involvement in decision-making, group activities, and livelihood initiatives. Several participants emerged as local leaders and role models within their communities.

4. Yearly Distribution of Uniforms, Books, and Stationery



Education is the foundation of a better future, yet for many children in rural and economically weaker communities, even basic educational materials remain beyond their reach. The inability to afford school uniforms, books, notebooks, and stationery often discourages children from attending school regularly and affects their confidence, learning, and overall development.

Recognizing this critical need, our Society organizes the **Yearly Distribution of Uniforms, Books, and Stationery** for enrolled and needy children in the villages within our working area. This initiative is more than a



distribution program; it is a step toward ensuring equal educational opportunities for every child, regardless of their family's financial condition.

Every year, hundreds of children receive essential school supplies before the start of the academic session. The joy on their faces when they receive a new uniform, fresh notebooks,

school bags, and stationery reflects their renewed enthusiasm for learning. For many families struggling to meet

daily needs, this support reduces a significant financial burden and enables them to continue their children's education without interruption.

The program aims to prevent the lack of educational resources from becoming a stumbling block in a child's academic journey. By providing these necessities, we encourage regular school attendance, improve learning outcomes, and motivate children to dream bigger for their future. We firmly believe that every child deserves the opportunity to learn with dignity, confidence, and hope.

Through this annual initiative, the Society continues its commitment to building an educated, empowered, and self-reliant generation capable of contributing positively to society and the nation.

5. Daily Hot Meal Program for School Children

A hungry child cannot fully concentrate on learning. Good nutrition is not only essential for physical growth but also for a child's ability to learn, participate, and dream of a better future. In the remote mountain villages where our Society works, many children come to school without a proper meal. Their parents often leave home early in the morning to work in the fields and forests, spending long hours engaged in farming and daily labor. Due to their demanding schedules and limited resources, it is not a common practice to prepare and send lunch boxes with children to school.



For many families living under financial hardship, providing nutritious food every day is a constant challenge. As a result, children often spend their school hours hungry, tired, and unable to focus on their studies. Some children walk long distances through difficult terrain to reach school, making the need for a warm and nourishing meal even more important.

Understanding this critical need, our Society provides a **daily hot meal to school children** to ensure that no child has to choose between education and hunger. This initiative is not merely about serving food; it is about protecting the health, dignity, and future of every child. A warm meal brings comfort, energy, and happiness to young minds and helps them remain attentive and active throughout the school day.

The smiles on the faces of children as they gather together to enjoy a freshly prepared meal are a reminder that small acts of care can create a lasting impact. The program has significantly improved school attendance, reduced hunger-related health issues, and encouraged children to remain engaged in their education.

We believe that every child deserves the opportunity to learn with a full stomach and a hopeful heart. Through this daily hot meal program, the Society is nurturing not only healthier children but also stronger communities and brighter futures. By addressing one of the most basic human needs—food—we are helping children build the foundation for a life of learning, confidence, and opportunity.

6. Scholarship Program:

Every child deserves the opportunity to learn, grow, and build a brighter future. Unfortunately, many children



living in remote and economically disadvantaged areas face serious obstacles in continuing their education. Poverty, lack of educational resources, and financial insecurity often force talented students to leave school before completing their studies. Recognizing this challenge, the Society has been continuously supporting underprivileged children through its Educational Assistance Program.

Every year, the Society provides school uniforms, books, stationery, and other essential educational materials to deserving students from remote villages. In addition, children who graduate from our school or hostel continue to receive monthly tuition assistance to help them pursue higher education and vocational studies. This support serves not only as financial aid but also as a source of encouragement, inspiring students to remain focused on their academic goals despite difficult circumstances.

The program has played a particularly important role in empowering girls. Based on our past experience, nearly 70% of the beneficiaries have been girls who, with the Society's support, were able to continue and complete their education. In regions where girls often face greater barriers to education, this assistance has helped many young women gain confidence, achieve academic success, and move toward a more secure and independent future.

For many families, even a small contribution toward educational expenses can make a life-changing difference. The Society's support reassures students that their dreams matter and that they are not alone in their journey. Year after year, this program has transformed the lives of numerous children by helping them stay in school, complete their studies, and build better opportunities for themselves and their families.

The Society firmly believes that education is the key to lasting social change. Through this ongoing initiative, we continue to nurture hope, protect the dreams of vulnerable children, and create pathways toward a brighter and more empowered future for generations to come.

7. Skill Development Program



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Skill development is essential for creating sustainable livelihoods and reducing unemployment among youth. During the reporting year, the organization continued to provide vocational and skill-based training opportunities to young people and women.



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The objective was to equip participants with practical skills that enhance employability and encourage entrepreneurship.

Key Activities

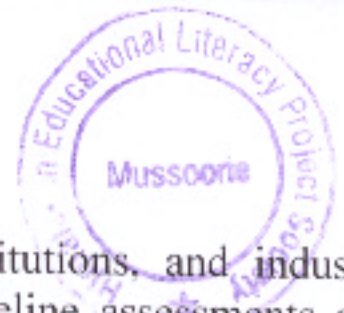
- Vocational training programs.
- Career guidance and counseling.
- Entrepreneurship awareness.
- Soft skills and personality development sessions.
- Employment linkage and placement support.
- Community awareness regarding the value of skilled professions.

Skill Development Program – Initial Stage

During the reporting year, the Society initiated efforts to promote skill development among youth and women in the project area. Recognizing the growing need for livelihood opportunities and employable skills, preliminary activities were undertaken to assess community needs, identify potential beneficiaries, and create awareness regarding vocational training opportunities.

The initial phase focused on community outreach, counseling, and interaction with youth, parents, local leaders, and stakeholders to understand skill gaps and employment aspirations. Awareness meetings were organized to highlight the importance of vocational education, entrepreneurship, and technical skills in improving livelihood opportunities.

A significant challenge observed during this stage was the social perception towards vocational trades. Many families continue to prefer traditional academic career paths for their children, while occupations such as electrician, plumber, carpenter, mechanic, and other technical trades are often viewed as less desirable despite their high demand in the job market. Through awareness sessions and community discussions, the Society sought to promote the dignity of labor and encourage young people to consider skill-based professions as viable and respectable career options.



The Society also explored partnerships with government departments, training institutions, and industry stakeholders to facilitate future training opportunities and employment linkages. Baseline assessments and beneficiary identification exercises were conducted to ensure that upcoming skill development initiatives are aligned with local needs and market demands.

Although the program is currently in its early stages, it has generated positive interest among youth and community members. The Society is committed to expanding these efforts in the coming years by providing structured vocational training, career guidance, entrepreneurship support, and employment-oriented skill development opportunities.

Challenges and Social Perceptions

One of the most significant challenges faced by the Skill Development Program is societal perception toward vocational trades.

Even today, in many parts of our country, occupations such as plumber, electrician, carpenter, mason, welder, and other skilled trades are often viewed merely as labor work rather than respected professions. Parents frequently aspire for their children to become doctors, engineers, teachers, government officers, or other white-collar professionals. While these professions are important, this perception often discourages young people from pursuing vocational skills that are equally valuable and in high demand.

As a result:

- Enrollment in skill-based trades can be lower than expected.
- Young people may lack confidence in choosing vocational careers.
- Communities may underestimate the economic potential of skilled trades.
- Employers often report shortages of trained technical workers despite high demand.

Another challenge is the migration of youth from mountain regions to urban centers in search of employment. The lack of local industries and limited livelihood opportunities further contribute to this trend.

Changing Mindsets

Our organization actively works to change perceptions regarding skilled occupations by promoting the dignity of labor and highlighting successful examples of skilled professionals.

We emphasize that:

- Skilled trades are essential for economic development.
- Qualified plumbers, electricians, carpenters, and technicians are increasingly in demand.
- Vocational careers can provide stable and respectable incomes.
- Entrepreneurship opportunities are available through technical skills.
- Every profession contributes to society and deserves equal respect.

Impact

The program helped participants acquire practical skills, improve self-confidence, and increase their employment potential. Several trainees successfully pursued wage employment, self-employment, or further vocational specialization. The initiative also contributed to greater community awareness regarding the importance of skill-based careers.



Conclusion

The year 2025–2026 demonstrated the resilience and determination of the communities we serve. Although geographical isolation, difficult terrain, limited infrastructure, and social challenges continue to affect development in mountain regions, significant progress has been achieved through collective efforts.

Our work in education, hostel support, women empowerment, and skill development reflect our commitment to creating opportunities for vulnerable and underserved populations. The achievements of this year belong not only to our organization but also to the communities, partners, volunteers, donors, and government agencies who have supported our mission.

As we look toward the future, we remain committed to expanding our reach, improving program quality, and building stronger, more self-reliant communities. We believe that with continued collaboration and support, the challenges of remote mountain regions can be transformed into opportunities for sustainable development and inclusive growth.

Acknowledgement

We extend our heartfelt gratitude to all donors, supporters, government departments, educational institutions, community leaders, staff members, volunteers, and beneficiaries. Your trust, partnership, and encouragement have made these achievements possible.

Together, we will continue working towards a future where every child has access to education, every woman has the opportunity to thrive, and every young person has the skills and confidence to build a dignified and prosperous life.

MESSAGE FROM THE SECRETARY



Dear Friends, Supporters, and Partners,

It is with great pleasure that I present the Annual Report for the year 2025–2026. This year has been marked by both challenges and achievements as we continued our efforts to serve vulnerable communities living in remote mountain regions.

The geographical conditions of our operational areas continue to present significant barriers to development. Villages are often scattered across difficult terrain, transportation facilities remain limited, and access to education, healthcare, and livelihood opportunities is not always readily available. Despite these challenges, the resilience and determination of local communities continue to inspire our work.

During the year, our organization remained committed to promoting quality education, supporting children through hostel facilities, empowering women, and creating livelihood opportunities through skill development programs. These interventions have positively impacted the lives of children, youth, women, and families across the region.

One of the most encouraging aspects of our work has been witnessing the growing participation of community members in development activities. Women have become more active in local decision-making processes, students have shown increased enthusiasm toward education, and youth have demonstrated a willingness to acquire new skills for employment and entrepreneurship.

At the same time, we recognize that much work remains to be done. Educational inequalities, unemployment, migration, and social perceptions regarding vocational trades continue to hinder development efforts. Addressing these issues requires collective action and sustained commitment.

On behalf of the organization, I express sincere gratitude to our donors, government departments, partners, volunteers, staff members, and community members for their continued support and trust. Together, we are creating opportunities and transforming lives.

We look forward to strengthening our efforts in the coming years and contributing to the creation of self-reliant, educated, and empowered communities.

Sincerely,

Manoj Kumar Daliya

Secretary / Chief Functionary

ORGANIZATIONAL OVERVIEW



Vision

To build empowered, educated, and self-reliant communities where every individual has equal opportunities for growth, dignity, and sustainable livelihoods.

Mission

To improve the quality of life of marginalized communities through education, women empowerment, skill development, and community-based development initiatives.

Core Areas of Intervention

- Education
- School Hostel Support
- Scholarship Program
- Nutrition Program
- School Supplies (Uniform, Books, Note books, stationeries)
- Women Empowerment
- Skill Development
- Community Development

WORKING IN THE MOUNTAINS: UNIQUE DEVELOPMENT CHALLENGES

Mountain communities possess rich cultural traditions, strong social bonds, and immense resilience. However, they face unique challenges that directly affect development outcomes.

Geographic Isolation

Many villages are located in remote and difficult-to-reach areas. Transportation often depends on narrow mountain roads that are vulnerable to landslides, erosion, and weather-related disruptions.

Migration of Youth

Lack of local employment opportunities has led to increasing migration of young people to urban areas. This trend affects community development and places additional burdens on women and elderly family members who remain in the villages.

Educational Challenges

Students frequently travel long distances to reach schools. Limited access to learning resources, internet connectivity, and educational infrastructure can affect educational outcomes.



Economic Constraints

Agriculture remains a primary source of livelihood for many families, yet agricultural productivity is often affected by fragmented landholdings, wildlife damage, and changing climatic conditions.

Gender-Based Challenges

Women bear significant responsibilities within households and agricultural activities. Limited economic opportunities and access to resources often restrict their participation in income-generating activities.

These realities underscore the importance of targeted interventions that address both immediate needs and long-term development goals.

SUCCESS STORY

From Uncertainty to Opportunity

Nikita Sajwan, a young resident from a remote village, faced limited employment opportunities after completing school. Through participation in the organization's skill development program, he received vocational training and career guidance.

After successfully completing the training, she secured employment and now contributes to the family's income while serving as a role model for other youth in the community.

This success story demonstrates how access to skills and opportunities can transform lives and create pathways toward economic independence.

LESSONS LEARNED

Throughout the year, several important lessons emerged from our work:

- Community participation is essential for sustainable development.
 - Women play a crucial role in strengthening local institutions and development processes.
 - Residential support through hostels significantly improves educational continuity for children from remote areas.
 - Skill development programs are most effective when linked with employment opportunities and entrepreneurship support.
 - Awareness campaigns are necessary to improve societal perceptions regarding vocational trades and technical occupations.
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FUTURE PRIORITIES (2026–2027)

In the coming year, the organization aims to:

- Expand educational support services.
- Strengthen hostel facilities and student welfare programs.
- Increase women's participation in livelihood and leadership initiatives.
- Enhance vocational training opportunities for youth.
- Promote entrepreneurship and self-employment.
- Build stronger partnerships with government agencies and private sector stakeholders.
- Increase community awareness regarding the dignity and importance of skilled professions.

Special emphasis will be placed on encouraging youth to explore diverse career pathways, including technical and vocational occupations that contribute significantly to national development.

ACKNOWLEDGEMENT

The achievements presented in this report would not have been possible without the collective support and cooperation of numerous stakeholders.

We extend our sincere appreciation to:

- Donors and funding partners
- Government departments
- Educational institutions
- Community leaders
- Volunteers
- Staff members
- Beneficiaries and their families

Your support continues to inspire and strengthen our efforts toward creating positive and lasting change in the lives of the communities we serve.

Together, we are building a future based on opportunity, dignity, and hope.



Team Of HELP 2026-2027

Board Members

- I. Mr. Bharat Raj (Chairman)
- II. Mr. Rajender Singh Lingwal (V Chairman)
- III. Mr. Manoj Kumar Daliya (Secretary)
- IV. Mrs. Seema (J. Secretary)
- V. Mr. Dalip Kumar Benjamin (Treasurer)
- VI. Mr. Naveen Kumar (Member)
- VII. Mr. Anil Singh (Member)

Team HELPS Full time and Part time

1. Mr. Manoj Kumar Daliya (Chief Functionary)
2. Mr. Sameer (Head Master)
3. Mr. Jitendra Bharati
4. Mr. Laveen Vikas (Manager)
5. Mrs. Shakuntala Koli
6. Mr. Suraj Mal
7. Mr. Pankaj
8. Mr. Deepchand
9. Mr. Abhishek Thakur (AS Pro)
10. Mr. Vikesh Singh (AS Pro)
11. Mrs. Nasreen Daliya (Women Empowerment)
12. Mrs. Sangeeta (Women Empowerment)
13. Mrs. Pooja Panwar (Women Empowerment)
14. Mrs. Payal (Women Empowerment)
15. Mrs. Rita Ronchela
16. Miss. Kalpna George
17. Mrs. Saka Dei
18. Mrs. Bhuri

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